

J Star Gymnastics Extreme Warrior 2018 Camp Spotlight



July 23-26 9:00am-4:00pm (Full)
9:00am - 1:00pm(Half)

(Ages 5-13 yrs.)

Week \$200
Half Days \$100
Single Days \$60

Artillery: CHECK... Ammunition: CHECK... Plan of attack: CHECK

All that is missing is you, Extreme Warrior! Your child's excitement will not be contained during our Extreme Warrior extravaganza: featuring tactical training, team building games, target practice and adventures through our geometric maze. We will provide some pretend artillery for use and pretend ammunition, but to enhance the fun please bring your favorite pretend artillery piece to camp.

MONDAY: May the Best Team Win – Campers will be divided up into teams and get to work together to come up with the ultimate team name. They will begin with lots of team building activities such as mission impossible and tug of war. Each team will be assigned a color and will get to design team hats to wear during our battle. The teams will then get to use the mats to build the best fort they can, which will be used as their safe zone during our battle.

TUESDAY: Every Warrior for Themselves – Warriors are on their own today! They will have to use their speed and warrior tactics to gather up as much artillery and ammo as they can. We will play that famous and favorite game of hide n' seek, warrior style. Today's campers will remain as individuals and fight their own battle. Game on!

WEDNESDAY: Target Practice – How good is your aim? Today is all about target practice! Campers will get to use the artillery pieces to try and hit various types of targets. We will hang up different sized hula-hoops and aim our shots through them. We will also paint targets on the windows and see who can hit the bullseye. These are just a few of the types of targets we will use for target practice. Lastly, campers will make their very own hanging target that they can take home to help them continue to practice their aim.

THURSDAY: Everyday Heroes – Today campers will work in teams to fight crime, hero style. We will play a game of 'cops and robbers' where the cops must stop the robbers from stealing all of the hidden jewels. We will also divide into teams and play 'capture the money.' Each camper will get rewarded with a cool marshmallow shooter that they will get to use at camp and take home with them. Lastly, campers will be making camouflage bandanas to wear for Friday's Ultimate Warrior Day.



FRIDAY: Ultimate Warriors! – Time to gear up and get our camouflage on! We will put on our newly made camouflage bandanas and use war face paint to complete our look. These ultimate warriors can remain as individuals, partner-up or team-up, the decision is theirs for today's warrior games. We will work on our sniper moves hitting far, moving targets and try to find our way through the giant maze.



J Star Gymnastics
69 Union St, North Adams, Ma 01247
413-664-9434 www.jstargym.net

